

# Picnic Chicken Salad Sandwiches



## At a glance



Prep  
15 min.



Total  
2 hr. 15 min.



Serves  
6

Chill: 2 hr.

Cream of celery soup is the secret ingredient that makes this chicken salad creamy and flavorful...served on sesame seed buns, these sandwiches are sure to disappear quickly!

## What You'll Need

- 1 can (10 3/4 ounces) Campbell's® Condensed Cream of Celery Soup (Regular **or** 98% Fat Free)
- 2 tablespoons mayonnaise
- 1/4 teaspoon ground black pepper
- 2 cups chopped cooked chicken
- 2 stalks celery, sliced (about 1 cup)
- 1 small onion, finely chopped (about 1/4 cup)
- 6 Pepperidge Farm® Sandwich Buns with Sesame Seeds, split
- Lettuce leaves
- tomato slices

## How to Make It

- 1 Stir the soup, mayonnaise and black pepper in a large bowl. Add the chicken, celery and onion and toss to coat. Cover and refrigerate for 2 hours.
- 2 Place the lettuce and tomato on the buns. Divide the chicken mixture among the buns.

## Recipe Nutritional Information

Made With	Campbell's 98% Fat Free Cream of Celery Soup	Campbell's Cream of Celery Soup
Calories	282	291
Total Fat	11g	12g
Saturated Fat	2g	2g
Cholesterol	45mg	45mg
Sodium	437mg	503mg
Total Carbohydrate	27g	27g
Dietary Fiber	2g	3g
Protein	19g	19g
Vitamin A	3%DV	4%DV
Vitamin C	2%DV	2%DV
Calcium	6%DV	6%DV
Iron	10%DV	10%DV

# Vegetable Salad with Sun-Dried Tomatoes & Croutons



## At a glance



**Prep**  
20 min.



**Total**  
20 min.



**Serves**  
6

**Servings:** about 1 cup each

No cooking is needed to make this colorful vegetable salad that gets great flavor from sun-dried tomatoes and prepared Italian dressing.

## What You'll Need

- 1 large yellow squash **or** zucchini, cut in half lengthwise and sliced (about 1 1/2 cups)
- 1 large green **or** red pepper, cut into 1-inch pieces (about 1 1/2 cups)
- 1 cup Pepperidge Farm® Seasoned Croutons **or** Pepperidge Farm® Whole Grain Seasoned Croutons
- 2 medium carrots, shredded (about 1 cup)
- 1 cup broccoli florets
- 1/2 cup jarred sun-dried tomatoes, drained and sliced
- 1/2 cup Italian salad dressing

## How to Make It

- 1 Place the squash, pepper, croutons, carrots, broccoli and tomatoes into a large bowl. Add the dressing and toss to coat. Serve immediately.

## Recipe Nutritional Information

Made With	Pepperidge Farm Whole Grain Seasoned Croutons
Calories	131
Total Fat	8g
Saturated Fat	1g
Cholesterol	0mg
Sodium	437mg
Total Carbohydrate	14g
Dietary Fiber	3g
Protein	3g
Vitamin A	82%DV
Vitamin C	89%DV
Calcium	3%DV
Iron	5%DV